



**Nongovernmental Organization  
Aknoleged by World Health Organization (WHO)  
Non State Actor  
Traditional, Complementary and Integrative Medicine**

**THE 75<sup>th</sup> ° GENERAL ASSEMBLY AND INTERNATIONAL SCIENTIFIC CONGRESS OF THE  
WORLD FEDERATION OF HYDROTHERAPY AND CLIMATOTHERAPY (FEMTEC)**

**Romania, Eden by the Mountain, Brasov  
November, 7<sup>th</sup> – 10<sup>th</sup>, 2024**



**Benchmarks for Training in Balneotherapy. Bridging Tradition and Innovation**

"Education is not the learning of facts, but the training of the mind to think." Einstein

Benchmarks for training is a systematic process used to measure the quality, performance and to assess the effectiveness and efficiency of training programs compared to standards.

Millions of people around the world use balneotherapy that is profoundly rooted in traditional medical knowledge, culture, and history. Such widespread use has led to the necessity of an increased number of well-trained professional. Modern training in balneotherapy stands at the intersection of tradition and innovation, creating a robust framework for practitioners to deliver effective, safe, and personalized healthcare. As public interest in natural and holistic therapies continues to rise, the evolution of balneotherapy training is paramount in ensuring that its principles are upheld and enhanced. By embracing contemporary techniques and scientific research, balneotherapy can continue to thrive as a respected therapeutic modality within the broader landscape of healthcare, honouring its historic roots while adapting to the requirements of the needs of modern society. This balanced approach promises not only to improve therapeutic outcomes but also to foster a deeper understanding of health that transcends the physical body, addressing the emotional and psychological dimensions of individual.

Modern training programs in balneotherapy emphasize a multidisciplinary approach, blending historical knowledge with updated scientific knowledge. Professors need to lead the students to new scientific horizons (entropy, epigenetics, mathematics, virtual reality, etc) using new technologies to teach (AI, modern communication and information modalities) in order to customise treatment based on individual patient needs and evidence-based practices, developing skills in patient's evaluation to tailor treatments effectively, emphasising safety and hygiene protocols to ensure patient safety, infection control, and the maintenance of therapeutic environments.

Students need to be trained to navigate the complexities of practice, including informed consent, cultural sensitivity, and the provision of evidence-based therapies. Continuous professional development is emphasized, encouraging practitioners to stay updated on the latest research findings and techniques.

These are only some of motifs we dedicate the "FEMTEC's 75<sup>th</sup> Scientific Congress and General Assembly" to "Benchmarks for Training in Balneotherapy. Bridging Tradition and Innovation". Thus, by sharing experiences and proposals for solutions of prominent professors worldwide known FEMTEC can offer a comprehensive approach and comparison on training of young generation for a modern balneotherapy.

FEMTEC advocates, based on its long experience, that sharing experience has in itself the source of highlighting that multidisciplinary (technical-scientific) and multilateral (cultural, political, economic, social and organizational) approaches are indispensable.

This year the 75th General Assembly and Scientific Congress/Convention of FEMTEC takes place in Romania, near Bran Castle (Dracula Castle), in Eden by the Mountain Hotel, in Brasov County. Bran is a commune in Braşov County, Transylvania, Romania. It is about 25 kilometres southwest of the city of Braşov. The medieval Bran Castle is a popular tourist destination, partly because it is associated with the home of Dracula in Bram Stoker's novel of the same name.

Dear colleagues, we are waiting for your participation at the "FEMTEC's 75th Scientific Congress and General Assembly" to share the experience in teaching the young generation for a modern balneotherapy adapted to the changing and challenging globalised world.

## Main Topics

1. education and training for medical Doctors and therapists in hydro/balneotherapy: admission requirements, level of education, regulations, qualification recognized in different countries;
2. legal, ethical aspects, and responsibilities of practitioners in different countries;
3. models of using natural therapeutic factors in different factors;
4. curriculum content, knowledge, competences, skills acquired; (basics of anatomy, physiology and physiopathology of organs and systems impacted by balneotherapy, of biochemical compositions and physics of thermal/mineral waters.
5. objective measurement of outcomes, patient-reported outcomes, safety and adverse events,
6. standardization and protocols.
7. procedures and techniques applied in balneotherapy;
8. safety, precautions adverse events in balneotherapy.
9. hygiene standards in balneotherapy facilities.
10. regional and national health policy.
11. legal-administrative regulations.
12. Varia

## Preliminary Information

<p>Contact mail – <a href="mailto:olga@surdu.ro">olga@surdu.ro</a></p> <p><a href="http://www.femteconline.org/">www.femteconline.org/</a> <b>FOR ALL INFORMATION ON THE CONGRESS.</b></p>	<p><b>Congress venue:</b> Eden by the Mountain Hotel Bran, 110 Predelut Street, 507526</p> <p><b>Accommodation:</b> Eden by the Mountain Hotel Bran, 110 Predelut Street, 507526</p> <p>● <b>4 days (3 nights) option as from the following tentative agenda:</b></p> <p>- FEMTEC members <b>CLASSIC ROOM 298,00 EUR</b></p> <p><i>INCLUSIVE SERVICES:</i> <i>Full board, congress participation, coffee break, Gala dinner, congress proceedings, certificates, awards, visit to Bran Castel.</i></p> <p><b>Accompanying person: 190,00 EURO*</b> <i>Accommodation, board, Gala dinner, visit to Bran Castel</i></p> <p>● FEMTEC Non Members for participation in the scientific sessions, congress proceedings, certificates and registration fee <b>15 EUR.</b></p> <p><b>Payment in the Banc Account of FEDERAZIONE MONDIALE DEL TERMALISMO E DELLA CLIMATOTERAPIA, FEMTEC :</b></p> <p><b>Beneficiary Bank: BANCA Intesa Sanpaolo,</b> Gestore Terzo Settore, Filiale Milano Città, Largo Belotti, sn, 20121 Milano - MI (Italy).</p> <p><b>Account 05000100000119222.</b></p> <p><b>BIC SWIFT: BCITITMM</b></p> <p><b>IBAN: IT27 V030 6909 6061 0000 0119 222</b></p>
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## Preliminary Program

<b>Day 1</b>	<b>7<sup>th</sup> November 2024</b>
12.00-20.00	Arrival and accommodation
20 .00 – 22.00	Welcome Cocktail
<b>Day 2</b>	<b>8<sup>th</sup> November 2024</b>
7.00 – 7.30	Breakfast

7.30-8.30	Registration of the congress participants
8.30 – 10.00	Opening Ceremony
10.00-10.30	Coffee break
10.30 – 12.30	First scientific session
12.30 – 13.30	Group photo and tree planting for FEMTEC Garden
13.00 14.30	Lunch
14.30 – 16.30	Second scientific session
16.30 – 18.00	Immersion into nature/visit Bran Castle
16.30 – 19.00	Managing and Executive Board Meeting
19.30 – 22.00	Dinner
<b>Day 3</b>	<b>9<sup>th</sup> November</b>
8.00 – 9.00	Breakfast
9.00 – 11.30	Third Scientific session- presentation of Collaboration work plan with WHO
11.30 – 12.00	Coffee break
12.00 – 13.30	Statute draft presentation
13.30 – 14.30	Lunch
14.30 – 17.30	General Assembly
17.30 – 18.30	Closing Ceremony
19.00 – 23.00	Gala Dinner
<b>Day 4</b>	<b>10<sup>th</sup> November</b>
8.00 – 14.00	Departure of participants
	Optional tour: Brasov historical city sight-seeing, Peles Castel Visit